

**ASEANA CAREGIVERS PTE LTD**

License No: 07C4867    Reg No: 201022663H  
Address: 81 Tagore Lane #04-13 TAG A, Singapore 787502  
Tel: +65 6316 6618 Fax: +65 6518 3833  
Website: [www.caregivers.com.sg](http://www.caregivers.com.sg)  
Email: [enquiry@aseanacaregivers.com.sg](mailto:enquiry@aseanacaregivers.com.sg)

*Profile*  
**LIVE-IN CAREGIVER**

**PERSONAL INFORMATION**

<b>Name</b>	Irish Mayor Marquez		
<b>Date of Birth</b>	May 4, 1994	<b>Age</b>	31
<b>Place of Birth</b>	Ilocos Sur		
<b>Nationality</b>	Filipino	<b>Gender</b>	Female
<b>Marital Status</b>	Single	<b>Religion</b>	Catholic
<b>Height</b>	155	cm	<b>Weight</b> 50 kg
<b>Residential Address in Home Country</b> Nagtalaban Sta. Lucia, Ilocos Sur			
<b>Name of Port / Airport to be Repatriated to</b>	NAIA		
<b>Contact Number in Home Country</b>			
<b>Number of Siblings</b>	5 of 5	(e.g. 3 of 5)	
<b>Number of Children</b>	2	<b>Age(s) of Children (if any)</b>	10, 7

**HIGHEST EDUCATIONAL LEVEL**

<b>Qualification</b>	High School Graduate
<b>Name of School</b>	Nagtalaban National High School
<b>Location</b>	Ilocos Sur
<b>Start Date</b>	2007
<b>End Date</b>	2011

**TRAININGS AND SEMINARS ATTENDED**

<b>Title</b>	Basic Nursing Skills Program & Enhancement Program
<b>Training Centre</b>	Connectuz Career Development and Consultancy
<b>Location</b>	Quezon City
<b>Start Date</b>	April 3, 2025
<b>End Date</b>	April 4, 2025
<b>Title</b>	Introduction to Caregiving
<b>Training Centre</b>	TESDA Online Training
<b>Location</b>	Taguig City

<b>Start Date</b>	June 30, 2024
<b>End Date</b>	June 30, 2024
<b>Title</b>	Assisting Client in Administering Prescribed Medication
<b>Training Centre</b>	TESDA Online Training
<b>Location</b>	Taguig City
<b>Start Date</b>	July 1, 2024
<b>End Date</b>	July 1, 2024

#### LICENSURE AND CERTIFICATION

<b>Title</b>	National Certificate II in Caregiving
<b>Institution</b>	TESDA
<b>Location</b>	Manila
<b>Registration Date</b>	September 22, 2024

#### CARE RELATED WORK EXPERIENCE

<b>Job Designation</b>	Volunteer Worker
<b>Company Name / Employer</b>	Red Cross Philippines
<b>Address</b>	Batangas City
<b>Start Date</b>	March 1, 2025
<b>End Date</b>	Present
<b>Type of Patient</b>	Various Types of Patient
<b>Duties</b>	Provide first aid, basic medical care, and transporting individuals to medical facilities, assist in providing shelter, food, and emotional support, Deliver vital services, Providing relief and support to those in crisis, to helping families and communities prepare for emergencies
<b>Reason for Leaving</b>	Applying Abroad

<b>Job Designation</b>	Nursing Attendant
<b>Company Name / Employer</b>	Hospital Anfas Medical Care
<b>Address</b>	Riyadh
<b>Start Date</b>	February 20, 2023
<b>End Date</b>	Februart 25, 2025
<b>Type of Patient</b>	Various Types of Patient
<b>Duties</b>	Provide basic patient care, assisting with activities of daily living (ADLs), Taking vital signs, Helping with bathing, dressing, and feeding, Assisting with mobility, Turning, and repositioning patients, turning, Maintaining a clean, sterile, and safe environment for patients and staff, Changing bed linens, collecting and sorting laundry, and ensuring a clean supply of linens, Properly handling and disposing of medical waste according to hospital protocols and regulations, Sweeping, mopping, vacuuming, and waxing floors to maintain cleanliness and safety.
<b>Reason for Leaving</b>	End of Contract

**Job Designation** Caregiver  
**Company Name / Employer** Allan Calingasan under Helping Care Connection Agency  
**Address** Quezon City  
**Start Date** December 15, 2021  
**End Date** January 30, 2023  
**Type of Patient** 60 years old Male with Stroke and Alzheimer's disease (bedridden)  
**Duties** Meal Preparation, Monitor health status & recording vital signs, Bed Bathing, and Dressing, Change Diaper, Give medications, Turning position, Transferring (bed to wheelchair and vice versa), Doing light massage, Provide companionship to the patient, Accompany patient to the hospital or check-ups, House chores  
**Reason for Leaving** End of Contract

#### INTERNSHIP / ON THE JOB TRAINING

**Hospital / Care Institution** Bahay Kalinga  
**Start Date** April 5, 2024  
**End Date** April 19, 2024  
**Assigned Wards** Geriatric Wards  
**Type of Patients Handled** Elderly

#### MEDICAL HISTORY/DIETARY RESTRICTIONS

**Allergies (if any)** None

#### Past and existing illnesses (including chronic ailments and illnesses requiring medication):

	Yes	No		Yes	No
i Mental illness	<input type="checkbox"/>	<input checked="" type="checkbox"/>	vi Tuberculosis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
ii Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	vii Heart disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
iii Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	viii Malaria	<input type="checkbox"/>	<input checked="" type="checkbox"/>
iv Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	ix Operations	<input type="checkbox"/>	<input checked="" type="checkbox"/>
v Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	x Others		

**Physical disabilities** None

**Previous and existing injury (if any)** None

**Problem with Hearing or Eyesight (if any)** None

**Dietary restrictions** None

**Food handling preferences** ☐ No pork ☐ No beef ☒ No preference ☐ Others

**Preference for rest day** 4 rest days per month

**Any other remarks** can work during days off with compensation

## SKILLS

### Method of Evaluation of Skills

- ☐ Based on Caregiver/FDW's declaration, no evaluation/observation by Singapore EA or overseas training centre/EA
- ☒ Interviewed by Singapore EA
- ☒ Interviewed via telephone/teleconference
- ☒ Interviewed via videoconference
- ☐ Interviewed in person
- ☐ Interviewed in person and also made observation of Caregiver/FDW in the areas of work listed in table

Areas of Work	Willingness Yes/No	Experience Yes/No If yes, state the no. of years	Assessment/Observation					
			Please state qualitative observations of FDW and/or rate the FDW (indicate N.A. of no evaluation was done) Poor .....Excellent...N.A. 1 2 3 4 5 N.A.					
Care of infants/children Please specify age range	YES							
Care of Elderly	YES	4					5	
Care of Disabled	YES							
General Housework	YES	2					5	
Cooking Please specify cuisines filipino dish	YES							
Language Abilities (spoken) Please specify English , Tagalog	YES							
Other Skills (if any) Please specify								

## Caregiving/Nursing Skills

SKILLS	No Experience but Attended Training/Willing to Learn	With Some Experience (1-6 months)	With Good Experience (6-12 months)	With Very Good Experience (more than 12 months)
<b>Basic Caregiving Skills</b> (To assist the Care Recipient in Activities of Daily Living/ADLs)				
Toileting (diaper change, use of commode)				x
Bathing (in the shower, bed bath)				x
Personal Hygiene, Grooming, Dressing				x
Transferring (bed to wheelchair and vice versa)				x
Assist care recipient with Mobility Device				x
Oral Feeding				x
Management of Medication				x
Meal Preparation				x
Monitoring of Input and Output				x
Provide passive range of motion exercises				x
Taking, Monitoring and Recording Vital Signs				x
<b>General Nursing Skills</b>				
NGT Feeding	x			
PEG Feeding	x			
Urinary Catheter Care	x			
Stoma Care	x			
Glucose Monitoring and Management			x	
Wound Care			x	
<b>Specialized Nursing Skills</b>				
Tracheostomy Care	x			
Suctioning	x			
Home Ventilation and Respiratory Support Care	x			
Dementia Care	x			
Palliative Care	x			

MEDICAL EQUIPMENT USED	No Experience but Attended Training/Willing to Learn	With Some Experience (1-6 months)	With Good Experience (6-12 months)	With Very Good Experience (more than 12 months)
Catheter	x			
Colostomy Bag	x			
CPAP Machine	x			
Medical Ventilator	x			
Nebulizer				x
Peritoneal Dialysis Machine	x			
Pulse Oximeter				x
Oxygen Concentrator	x			
Suction Machine	x			

## Types of Patients Handled

### Elderly

- |                                     |  |                                     |                                  |
|-------------------------------------|--|-------------------------------------|----------------------------------|
| <input checked="" type="checkbox"/> | Alzheimer's Disease/Dementia                 | <input checked="" type="checkbox"/> | Hypertension                     |
| <input type="checkbox"/>            | Arthritis                                    | <input type="checkbox"/>            | Motor Neuron Disease             |
| <input type="checkbox"/>            | Cancer and/or Palliative Care                | <input type="checkbox"/>            | Parkinson's Disease              |
| <input type="checkbox"/>            | Chronic Kidney Disease (CKD)                 | <input type="checkbox"/>            | Shingles                         |
| <input type="checkbox"/>            | Chronic Obstructive Pulmonary Disease (COPD) | <input type="checkbox"/>            | Spinal Chord Injury              |
| <input checked="" type="checkbox"/> | Diabetes                                     | <input checked="" type="checkbox"/> | Stroke                           |
| <input checked="" type="checkbox"/> | Heart Disease                                | <input type="checkbox"/>            | Others ( <i>please specify</i> ) |

### Infant/Young Children

- |                          |                              |                          |                                  |
|--------------------------|------------------------------|--------------------------|----------------------------------|
| <input type="checkbox"/> | Autism                       | <input type="checkbox"/> | Down Syndrome                    |
| <input type="checkbox"/> | Cancer                       | <input type="checkbox"/> | Epilepsy                         |
| <input type="checkbox"/> | Cerebral Palsy               | <input type="checkbox"/> | Others ( <i>please specify</i> ) |
| <input type="checkbox"/> | Chronic Kidney Disease (CKD) |                          |                                  |

## AVAILABILITY OF FDW TO BE INTERVIEWED BY PROSPECTIVE EMPLOYER

- ☐ FDW is not available for interview
- ☒ FDW can be interviewed by phone
- ☒ FDW can be interviewed by video-conference
- ☐ FDW can be interviewed in person

## OTHER REMARKS

Irish Mayor Marquez

\_\_\_\_\_  
Caregiver/FDW Name and Signature  
Date

\_\_\_\_\_  
EA Personnel Name and Registration Number  
Date

I have gone through this profile of the Caregiver and confirm that I would like to employ her

\_\_\_\_\_  
Employer Name and Signature  
Date



Republic of the Philippines  
**TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY**

## **NATIONAL CERTIFICATE II**

in

### **CAREGIVING**

is hereby awarded to

**IRISH M. MARQUEZ**

for having completed the competency requirements under the Philippine TVET  
Competency Assessment and Certification System in the following units of competency:

Unit Code	Unit Title
<b>BASIC COMPETENCIES</b>	
500311105	Participate in workplace communication
500311106	Work in a team environment
500311107	Practice career professionalism
500311108	Practice occupational health and safety procedures

Unit Code	Unit Title
<b>COMMON COMPETENCIES</b>	
HCS323201	Implement and monitor infection control policies and procedures
HCS323202	Respond effectively to difficult/challenging behavior
HCS323203	Apply basic first aid
HCS323204	Maintain high standard of patient services

Unit Code	Unit Title
<b>CORE COMPETENCIES</b>	
HCS323301	Provide care and support to infants/toddlers
HCS323302	Provide care and support to children
HCS323303	Foster social, intellectual, creative and emotional development of children
HCS323304	Foster the physical development of children
HCS323305	Provide care and support to elderly
HCS323306	Provide care and support to people with special needs
HCS323307	Maintain healthy and safe environment
HCS323308	Respond to emergency
HCS323309	Clean living room, dining room, bedrooms, toilet and bathroom
HCS323310	Wash and iron clothes, linen and fabric
HCS323311	Prepare hot and cold meals



*Atty.*

Certificate No: **24000002001584**

**ULI-MIM-94-664-01029-001**

*Jose Francisco Benitez*

**JOSE FRANCISCO "KIKO" B. BENITEZ**  
DIRECTOR GENERAL

Issued on: **September 22, 2024**

Valid until: **September 21, 2029**



This certificate is system  
generated through T2MIS





CONNECTUZ CAREER DEVELOPMENT AND CONSULTANCY  
HELPING CARE CONNECTION

*Proudly Present This*



# CERTIFICATE OF COMPLETION

*To*  
**Irish M. Marquez**

*For having attended and successfully completed the*

## BASIC NURSING SKILLS TRAINING AND ENHANCEMENT PROGRAM

(Two-day lecture and hands-on practical demonstration)

This program is designed for Allied Healthcare Students and Professionals. The main goal of this program is to provide and enhance clinical knowledge and skills of the participants with the commonly encountered nursing procedures and techniques.

Given this 4<sup>th</sup> day of April 2025 at Helping Care Connection Office, Quezon City

**Riza C. Celeste RN**  
Facilitator/Trainer

**Rubi E. Cristobal**  
Operations Manager

### BASIC NURSING SKILLS

#### TRAINING AND ENHANCEMENT PROGRAM

(2-Day Hands-on Practical Demonstration)

#### TOPICS AND COVERAGE:

##### OXYGENATION:

- Oxygen Administration
- Nebulization & Nasal Inhalers
- Incentive Spirometry
- Tracheostomy Care
- Airway Suctioning (Tracheal, Oral, Nasopharyngeal & Oropharyngeal)

##### METABOLISM:

- NGT Feeding and Management
- PEG Feeding and PEG Care
- CBG/Blood Sugar Monitoring
- Subcutaneous/Insulin Injection Technique

##### ELIMINATION:

- Colostomy Care
- Enema (Fleet enema)
- Urethral Catheterization and Management

##### WOUND CARE

- Wound Assessment, Irrigation & Dressing

##### BONUS TOPICS

- Covid-19 Awareness
- Medication Management

**LOCATION:** Lot 3 Blk. 2 DRJ Village, Brgy.

Old Sayo Road, Quezon City, 1116

**MOBILE NO.:** Globe: 09770318209

Globe: 09053249018

**EMAIL:** helpingcareconnections@gmail.com





TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY  
NATIONAL INSTITUTE FOR TECHNICAL EDUCATION AND SKILLS DEVELOPMENT (NITESD)  
EAST SERVICE ROAD, SOUTH LUZON EXPRESSWAY (SLEX), FORT BONIFACIO, TAGUIG CITY

## CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

**irish Mayor marquez**

HAS COMPLETED THE COURSE

**Introduction to Caregiving**

ON June 30, 2024

This is a computer generated certificate,  
it is valid even without a signature.

For verification purposes, contact:  
eTESDA Division

[tesdaonlineprogram@tesda.gov.ph](mailto:tesdaonlineprogram@tesda.gov.ph) (02) 8893 - 8297



AosF-xch33U



TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY  
NATIONAL INSTITUTE FOR TECHNICAL EDUCATION AND SKILLS DEVELOPMENT (NITESD)  
EAST SERVICE ROAD, SOUTH LUZON EXPRESSWAY (SLEX), FORT BONIFACIO, TAGUIG CITY

## CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

**Irish Mayor Marquez**

HAS COMPLETED THE COURSE

**Assisting Client in Administering Prescribed  
Medication**

ON July 1, 2024

This is a computer generated certificate,  
it is valid even without a signature.

For verification purposes, contact:

eTESDA Division

tesdaonlineprogram@tesda.gov.ph (02) 8893 - 8297



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## Migrant Workers Office - Riyadh

In partnership with the

Community Investigative Support - Skills Development & Livelihood Program

(CIS-SDLP)

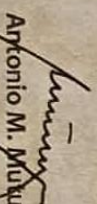
# CERTIFICATE OF APPRECIATION

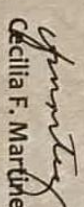
is awarded to

**Irish M. Marquez**

*In recognition of his/her distinguished service and support in participating the  
Migrant Workers Office- Riyadh /CIS-SDLP, Outreach Program and Medical Mission  
OJT of Caregiving Trainee's, at Bahay Kalinga 1&2, last April 5 & 19, 2024.*

*Awarded this 19th day of July in the year 2024 at Migrant Workers Office-  
Riyadh, Kingdom of Saudi Arabia.*

  
**Antonio M. Muñoz, Jr.**  
Officer-in-Charge  
MWO Riyadh, KSA

  
**Cecilia F. Martinez**  
CIS-SDLP Chairwoman  
Riyadh, KSA





HELPING CARE  
CONNECTION

## CERTIFICATE OF EMPLOYMENT

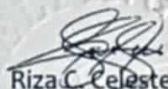
This is to certify that **Ms. Irish M. Marquez**, has been employed by HELPING CARE CONNECTION as PRIVATE DUTY CAREGIVER under CONNECTUZ CAREER DEVELOPMENT AND CONSULTANCY deployed from December 15, 2021 until January 30, 2023 to several hospital/home bound patients. During this period, his/her services were found to be satisfactory in carrying out following duties and responsibilities:

- Direct Patient Care, Planning and Management
- Daily Health Status monitoring (e.g. Vital Signs)
- Patient Medication Preparation and Administration
- Assist patient with Personal Hygiene (e.g. Bathing, Oral Care, and Bowel Elimination)
- Meal Preparation, Assisting with Meals and Diet Planning
- Help with Mobility and Daily Routine Exercise
- Light Housekeeping in Patients room
- Assist in Hospital Admission/Discharge and Follow up Consultations to the Physician
- Reporting and of patients progress to the Family and the Physician

This certification is being issued upon the request of the aforementioned person for whatever legal purposes it may serve.

Given this 5<sup>th</sup> day of February 2023 at Helping Care Connection Office, Quezon City.

Yours Truly,



Riza C. Celeste  
HR Manager/Coordinator



