

ASEANA CAREGIVERS PTE LTD

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Personal Information

Live-In Caregiver/Nurse

Full Name ROKESIH

Date of birth 10 December 1990

Age 32

Nationality Indonesia

Height & Weight 147cm / 45kg

Place of birth Indramayu

Nearest Airport Jakarta

Religion Islam

Marital Status Divorced

Number of Children 2 (13 and 8yo)

Monthly Salary \$700

Offday Compensation \$26.92



Highest Educational Level

Please indicate from the highest educational level

| | Education Level | Name of School/College/University | From (YYYY) | To (YYYY) | Subject/Major/C ourse Title |
|---|-----------------|-----------------------------------|-------------|--------------|--------------------------------|
| 1 | High School | SMP 3 Sindang | 2004 | 2006 | |

Language Ability

| | Language | Listening | Speaking | Writing | Reading |
|---|----------|-----------|----------|---------|---------|
| 1 | English | Good | Good | Basic | Good |
| 2 | Malay | Good | Good | Good | Good |
| 3 | Bahasa | Fluent | Fluent | Fluent | Fluent |

Past and Existing illnesses (including chronic ailments and illnesses requiring medication)

| | YES | NO |
|----------------|-----|----|
| Mental illness | | ~ |
| Tuberculosis | | ~ |
| Epilepsy | | ~ |
| HIV/AIDS | | ~ |
| Heart Disease | | ~ |
| Asthma | | ~ |
| Malaria | | ~ |
| Diabetes | | ~ |
| Operations | | ~ |

| | YES | NO |
|----------------------------|-----|----|
| Hypertension | | ~ |
| Physical Disabilities | | ~ |
| Previous & Existing Injury | | ~ |
| Problem with Hearing | | ~ |
| Problem with Eyesight | ~ | |
| Long Term Medication | | ~ |
| Allergies | | ~ |
| Dietary Restriction | ~ | |
| *Other | | ~ |

Food Handling Preference No Preference

*YES Answer/Other illnesses & Food Handling, Please Specify Here (if any)

Can handle and cook pork dishes but can't consume due to religious restriction Sometime she wear glasses, -150 $\,$

Care Related Work Experience

Job Designation Domestic Helper cum Caregiver

Country Singapore

Employer Mr Kim

Start Date 1 September 2021

End Date 31 August 2023

Condition of the patient Arthritis, Ostreoposis

Job Description

Mobile with assistance, Meal preparation, Oral feeding, Toileting, Medicine management, Accompany for Doctor appointment, Provide & assist the exercise, General housework related to the patient, Massage

Condition of the patient & other job description please specify here

She assisted both grandparents, with a primary focus on Grandma due to her fatigue and weak physical condition. Her responsibilities included maintaining a clean living environment and preparing meals for both elderly individuals.

| Reason For Leaving | Finish Contract |
|--------------------|-----------------|
|--------------------|-----------------|

Job Designation Caregiver

Country Singapore

Employer Madam Cu

Start Date 30 December 2019

End Date 1 September 2021

Condition of the patient Stroke, Hypertension, Pneumonia

Job Description

Mobile with assistance, Wheelchair-bound, Bedridden, Assist bathing, Grooming & dressing, Meal preparation, Oral feeding, NGT feeding, Toileting, Change diaper, Transferring, Turning Position, Medicine management, Taking, monitoring and recording vital signs, Accompany for Doctor appointment, Provide & assist the exercise, General housework related to the patient, Massage

| Reason For Leaving | Е | ılc | dery | / passec | l away |
|--------------------|---|-----|------|----------|--------|
|--------------------|---|-----|------|----------|--------|

Job Designation Domestic Helper

Country Singapore

Employer Mdm Christine

Start Date 1 October 2019

End Date 1 December 2019

Condition of the patient & other job description please specify here

She do general housework and cook for the family members.

Reason For LeavingNot have enough rest, always work till 2am.

Job Designation Domestic Helper

Country Singapore

Employer Chinesse

Start Date 1 September 2019

End Date 1 October 2019

Condition of the patient & other job description please specify here

She take care 4 children (8, 6, 3 and 3month-old baby) assisted with their daily needs, performed general household work and cooked for the family members.

Reason For LeavingNot have enough rest

Skills

Method of Evaluation of Skills

| | Based on Caregiver/FDW's declaration, no evaluation/observation by Singapore EA or overseas training centre/EA |
|----------|----------------------------------------------------------------------------------------------------------------|
| ✓ | Interviewed by Singapore EA 🗾 Interviewed via telephone/teleconference |
| ✓ | Interviewed via videoconference |
| | Interviewed in person and also made observation of Caregiver/FDW in the areas of work listed in table |

| | Willingness (Yes/No) | Experience (Yes/No - If yes, state the no of years) | Assessment/Observation (Please state qualitative observations of FDW and/or rate the FDW (indicate N.A. of no evaluation was done) PoorExcellentN.A. 1 2 3 4 5 N.A. |
|---------------------------------------------------|-------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Care of infants/children Please specify age range | | | 2 |
| Care of Elderly | | | 3 |
| Care of Disabled | | | 2 |
| General Housework | | | 4 |
| Cooking Please specify cuisines | | | Chinesse & Indonesia cuisene |
| Language Abilities (spoken) Please Specify | | | English, Malay & Bahasa |
| Other Skills Please Specify | | | |

Basic Caregiving Skills

To assist the Care Recipient in Activities of Daily Living/ADLs

Please Tick The Checkbox According to Your Experience

| | No Experience but Willing to Learn | Some Experience (1-6months) | Good Experience (6-12months) | Very Good (more than 1 year) |
|-------------------------------------------------|---------------------------------------|-----------------------------|---------------------------------|---------------------------------|
| Toileting | | | | ~ |
| Bathing | | | | ~ |
| Personal Hygiene, Grooming/Dressing | | | | ~ |
| Transferring | | ~ | | |
| Assist care with Mobility Devise | | | | ~ |
| Oral Feeding | | | | ~ |
| Medication Management | | | | ~ |
| Monitoring of Input and Output | | ~ | | |
| Provide Passive Range of Motion Exercises | | | | ~ |
| Taking, Monitoring, Recording Vital Sign | | | | ~ |

Nursing Skills

General Nursing Skills

| | No Experience but Willing to Learn | Some Experience (1-6months) | Good Experience (6- 12months) | Very Good (more than 1 year) |
|---------------------------------|------------------------------------|-----------------------------|----------------------------------|---------------------------------|
| NGT Feeding | | ~ | | |
| PEG Feeding | ~ | | | |
| Urinary Catheter Care | ~ | | | |
| Stoma Care | ~ | | | |
| Glucose Monitoring & Management | ~ | | | |
| Wound Care | ~ | | | |

Specialized Nursing Skills

| | No Experience but Willing to Learn | Some Experience (1-6months) | Good Experience (6-12months) | Very Good (more than 1 year) |
|---------------------------------------------|---------------------------------------|-----------------------------|---------------------------------|---------------------------------|
| Tracheostomy Care | ~ | | | |
| Suctioning | ~ | | | |
| Home Ventilation & Respiratory Support Care | ~ | | | |
| Dementia Care | ~ | | | |
| Palliative Care | ~ | | | |

Medical Equipment Used

| | No Experience but Willing to Learn | Some Experience (1-6months) | Good Experience (6-12months) | Very Good (more than 1year) |
|--------------------------------|------------------------------------|-----------------------------|---------------------------------|-----------------------------|
| Catheter | ~ | | | |
| Colostomy Bag | ~ | | | |
| CPAP Machine | ~ | | | |
| Medical Ventilator | ~ | | | |
| Nebulizer | ~ | | | |
| Peritoneal Dialysis Machine | ✓ | | | |
| Pulse Oximeter | | | | ~ |
| Oxygen Concentrator | ~ | | | |
| Suction Machine | ~ | | | |

Types of Patients Handled

Elderly

- Arthritis
- Diabetes
- Hypertension
- Stroke
- Osteoporosis & Pneumonia

AVAILABILITY OF FDW TO BE INTERVIEWED BY PROSPECTIVE EMPLOYER

• FDW can be interviewed by phone

| FDW can be interviewed by video-conference | |
|-----------------------------------------------------------------------------------|---------------------------------------------|
| Other Remark | |
| Can work during days off with compensation , she is fine with 2 days off / month. | |
| | |
| | |
| | |
| | |
| | |
| Caregiver/MDW Name and Signature Date: | EA Personnel Name & Registration No Date: |
| | |
| I have gone through this profile of the Caregiver | and confirm that I would like to employ her |
| | |
| | |
| Employer Name and Signature | |
| Date: | |

