

**ASEANA CAREGIVERS PTE LTD**

License No: 07C4867 Reg No: 201022663H
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Website: www.caregivers.com.sg
Email: enquiry@aseanacaregivers.com.sg

Profile
LIVE-IN CAREGIVER

PERSONAL INFORMATION

Name ONTOG LYNN BULALAUQUE
Date of Birth April 28, 1978 **Age** 45
Place of Birth G- Hernandez Bohol , Philippines
Nationality Filipino **Gender** Female
Marital Status Married **Religion** Roman Catholic
Height 160 cm **Weight** 58 kg
Residential Address in Home Country
Sra de Guadalupe Nuevo Makati City, Philippines
Name of Port / Airport to be Repatriated to
Contact Number in Home Country
Number of Siblings None (e.g. 3 of 5)
Number of Children 3 **Age(s) of Children (if any)** 26,19,15

**HIGHEST EDUCATIONAL LEVEL**

Qualification Undergraduate, Custom Administration (2years)
Name of School PMI Colleges
Location Bohol , Philippines
Start Date 1996
End Date 1998

TRAININGS AND SEMINARS ATTENDED

Title Caregiving NCII
Training Centre Fine International Training Center Inc.
Location Makati City, Philippines
Start Date March 2022
End Date January 5, 2023

Title Basic Nursing Skills Enhancement Program
Training Centre First Care Development Review and Tutorial Center
Location Quezon City, Philippines

Start Date May 7, 2023

End Date May 7, 2023

Title Geriatric Massage Training

Training Centre First Care Development Review and Tutorial Center

Location Quezon City, Philippines

Start Date January 5, 2023

End Date January 5, 2023

Title First Aid and Basic Life Support-CPR with AED Training

Training Centre Philippine Red Cross

Location Pasay City, Philippines

Start Date February 24, 2023

End Date February 24, 2023

LICENSURE AND CERTIFICATION

Title National Certificate II in Caregiving

Institution National Education and Skills Development Authority

Location Philippines

Registration Date February 7, 2023

CARE RELATED WORK EXPERIENCE

Job Designation Private Caregiver

Company Name / Employer Estrellado Family

Address Alabang Muntinlupa, Philippines

Start Date January 2021

End Date Present

Type of Patient 80 years old/ Female/ Severe Nueropathy , Ovarian and Colon Cancer with Colostomy (Bedridden)

Duties Monitoring vital signs, Management of Medication, Wound Care, Stoma Care, Assist in bathing/bed bathing, grooming, dressing , Changing her diaper, Accompany to dr. visits and check-ups, Pernineal Care, Oral care, Meal Preparation, Oral feeding, Assist in passive range of motion exercises, Assist in walking during her early times, Transferring from bed to wheelchair whenever necessary,Turning positions every 2 hours to avoid severe bedsores

Reason for Leaving Applying abroad

INTERNSHIP / ON THE JOB TRAINING

Hospital / Care Institution Sto. Nio Home for the Aged Inc.

Start Date 120 hrs

End Date February 2023
Assigned Wards Elderly
Type of Patients Handled Various type of patients

MEDICAL HISTORY/DIETARY RESTRICTIONS

Allergies (if any) Seafood

Past and existing illnesses (including chronic ailments and illnesses requiring medication):

	Yes	No		Yes	No
i Mental illness	<input type="checkbox"/>	<input checked="" type="checkbox"/>	vi Tuberculosis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
ii Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	vii Heart disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
iii Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	viii Malaria	<input type="checkbox"/>	<input checked="" type="checkbox"/>
iv Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	ix Operations	<input type="checkbox"/>	<input checked="" type="checkbox"/>
v Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	x Others		

Physical disabilities None

Previous and existing injury (if any) None

Problem with Hearing or Eyesight (if any) None

Dietary restrictions Seafood

Food handling preferences No pork No beef No preference Others

Preference for rest day 4 rest days per month

Any other remarks can work during days off with compensation

SKILLS

Method of Evaluation of Skills

- Based on Caregiver/FDW's declaration, no evaluation/observation by Singapore EA or overseas training centre/EA
- Interviewed by Singapore EA
 - Interviewed via telephone/teleconference
 - Interviewed via videoconference
 - Interviewed in person
 - Interviewed in person and also made observation of Caregiver/FDW in the areas of work listed in table

Areas of Work	Willingness Yes/No	Experience Yes/No If yes, state the no. of years	Assessment/Observation					
			Please state qualitative observations of FDW and/or rate the FDW (indicate N.A. of no evaluation was done) PoorExcellent...N.A. 1 2 3 4 5 N.A.					
Care of infants/children Please specify age range	YES	0	4					
Care of Elderly	YES	2	5					
Care of Disabled	YES	2	5					
General Housework	YES	2	5 patient related chores					
Cooking Please specify cuisines filipino dish	YES							
Language Abilities (spoken) Please specify English , Tagalog								
Other Skills (if any) Please specify								

Caregiving/Nursing Skills

SKILLS	No Experience but Attended Training/Willing to Learn	With Some Experience (1-6 months)	With Good Experience (6-12 months)	With Very Good Experience (more than 12 months)
Basic Caregiving Skills (To assist the Care Recipient in Activities of Daily Living/ADLs)				

Toileting (diaper change, use of commode)				X
Bathing (in the shower, bed bath)				X
Personal Hygiene, Grooming, Dressing				X
Transferring (bed to wheelchair and vice versa)				X
Assist care recipient with Mobility Device				X
Oral Feeding				X
Management of Medication				X
Meal Preparation				X
Monitoring of Input and Output	X			
Provide passive range of motion exercises				X
Taking, Monitoring and Recording Vital Signs				X
General Nursing Skills				
NGT Feeding	X			
PEG Feeding	X			
Urinary Catheter Care	X			
Stoma Care				X
Glucose Monitoring and Management	X			
Wound Care				X
Specialized Nursing Skills				
Tracheostomy Care	X			
Suctioning	X			
Home Ventilation and Respiratory Support Care	X			
Dementia Care	X			
Palliative Care	X			

MEDICAL EQUIPMENT USED	No Experience but Attended Training/Willing to Learn	With Some Experience (1-6 months)	With Good Experience (6-12 months)	With Very Good Experience (more than 12 months)
Catheter	X			
Colostomy Bag				X
CPAP Machine	X			
Medical Ventilator	X			
Nebulizer	X			
Peritoneal Dialysis Machine	X			
Pulse Oximeter				X
Oxygen Concentrator	X			
Suction Machine	X			

Types of Patients Handled

Elderly

- | | |
|---|---|
| <input type="checkbox"/> Alzheimer's Disease/Dementia | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Motor Neuron Disease |
| <input checked="" type="checkbox"/> Cancer and/or Palliative Care | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Chronic Kidney Disease (CKD) | <input type="checkbox"/> Shingles |

- Chronic Obstructive Pulmonary Disease (COPD)
- Diabetes
- Heart Disease

- Spinal Chord Injury
- Stroke
- Others (*please specify*)

Infant/Young Children

- Autism
- Cancer
- Cerebral Palsy
- Chronic Kidney Disease (CKD)

- Down Syndrome
- Epilepsy
- Others (*please specify*)
Severe Nueropathy

AVAILABILITY OF FDW TO BE INTERVIEWED BY PROSPECTIVE EMPLOYER

- FDW is not available for interview
- FDW can be interviewed by phone
- FDW can be interviewed by video-conference
- FDW can be interviewed in person

OTHER REMARKS

ONTOG LYNN BULALAUQUE

Caregiver/FDW Name and Signature
Date

EA Personnel Name and Registration Number
Date

I have gone through this profile of the Caregiver and confirm that I would like to employ her

Employer Name and Signature
Date



Technical Education and Skills Development Authority
and FINE INTERNATIONAL TRAINING CENTER, INC.

Present this

Certificate of Training

to

LYNN BULALAUQUE ONTOG

ULI: OLB-78-648-07012-001

after having successfully completed the competency requirements of a full qualification in

Caregiving NC II

CTPR No: WTR 0613052164
Duration 786 hours

Given this 5th of January 2023 at 518 Narra St. Cembo, Makati City

ABIGAIL M. MARAYAG
Registrar

DANILO P. CRUZ
TESDA Director General

MARY GRACE P. TEJADA
Administrator

COMPETENCIES COMPLETED

Basic Competencies

- Participate in workplace communication
- Work in a team environment
- Work in a professional manner
- Practice occupational health and safety procedures

Common Competencies

- Implement and monitor infection control policies and procedures
- Respond effectively to difficult/challenging behavior
- Apply basic first aid
- Maintain high standard of patient services

Core Competencies

- Provide care and support to infants/toddlers
- Provide care and support to children
- Foster social, intellectual, creative and emotional development of children
- Foster the physical development of children
- Provide care and support to elderly
- Provide care and support to people with special needs
- Maintain healthy and safe environment
- Respond to emergency
- Clean living room, dining room, bedrooms, toilet and bathroom
- Wash and iron clothes, linen and fabric
- Prepare hot and cold meals

Scan QR Code to validate this Certificate



Actual Date of Training

Start of Training: 9/19/2022
End of Training: 1/5/2023
SO Number: 1303- IHCCGV207-0210-2023
Certificate No: 2023-13-75-000732





Republic of the Philippines
TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY

NATIONAL CERTIFICATE II

in

CAREGIVING

is hereby awarded to

LYNN B. ONTOG

for having completed the competency requirements under the Philippine TVET Competency Assessment and Certification System in the following units of competency:

Unit Code	Unit Title
BASIC COMPETENCIES	
500311105	Participate in workplace communication
500311106	Work in a team environment
500311107	Practice career professionalism
500311108	Practice occupational health and safety procedures

Unit Code	Unit Title
COMMON COMPETENCIES	
HCS323201	Implement and monitor infection control policies and procedures
HCS323202	Respond effectively to difficult/challenging behavior
HCS323203	Apply basic first aid
HCS323204	Maintain high standard of patient services

Unit Code	Unit Title
CORE COMPETENCIES	
HCS323301	Provide care and support to infants/toddlers
HCS323302	Provide care and support to children
HCS323303	Foster social, intellectual, creative and emotional development of children
HCS323304	Foster the physical development of children
HCS323305	Provide care and support to elderly
HCS323306	Provide care and support to people with special needs
HCS323307	Maintain healthy and safe environment
HCS323308	Respond to emergency
HCS323309	Clean living room, dining room, bedrooms, toilet and bathroom
HCS323310	Wash and iron clothes, linen and fabric
HCS323311	Prepare hot and cold meals



Issued on: February 07, 2023
 Valid until: February 06, 2028

DANILO P. CRUZ
 TESDA DIRECTOR GENERAL



FIRSTCARE DEVELOPMENT REVIEW AND TUTORIAL CENTER



HEAD OFFICE: 777 Aurora Boulevard cor. Seattle St. Cubao Quezon City 1109 Philippines
Blk 2 Lot 2 Purok 4 Lalaan 1st Km 40 St. Paul Seminary Road Agumaldo Highway Silang Cavite
Mobile Number: Smart: 0960-8417477 Globe: 0927-0556921 Email: firstca12015@gmail.com

CERTIFICATE OF COMPLETION

This certificate is presented to

LYNN B. ONTOG

Had successfully completed and met the academic standard and management for

BASIC NURSING SKILLS ENHANCEMENT PROGRAM

UNITS OF COMPETENCIES:

OXYGENATION

- Oxygen Administration
- Nebulization
- Suctioning Procedures & Techniques
- Tracheostomy Care

METABOLISM

- NGT Insertion & Precautions
- Tube / Enteral Feeding
- CBG Monitoring & Insulin Injection
- Therapeutic Communication Skills

ELIMINATION

- Catheterization / Male & Female
- Colostomy Care / Urostomy Care
- Input & Output Monitoring
- Infection Prevention & Control

Affiliated School



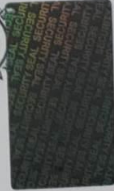
Given this 7th of MAY 2023, Quezon City, Philippines



MR. ROY C. SANTOS-BSN UKRN, MAN.GNP.
School Program Director

PRC LICENSE # 0288211

128138



**Fine International Training
Center Inc.**

(TESDA -ACCREDITED)

hereby awards this



CERTIFICATION OF COMPLETION
to
LYNN BULALAUQUE ONTOG

for having satisfactorily completed the
GERIATRIC MASSAGE TRAINING
Conducted at Fine International Training Center Inc.

Given this 5th day of January
In the year of our Lord Two Thousand Twenty Three

RINO R. CAPISPAN
Trainer / Assessor
DOH Licensed no. 06-08-3350

MARY GRACIE O. TEJADA
Administrator



PHILIPPINE RED CROSS
PASAY CITY CHAPTER
2345 CAA Compound Aurora Boulevard, Pasay City
Tel. No.: 979-5870, Telefax No.: 854-2748
Email: pasay@redcross.org.ph

February 26, 2023

CERTIFICATION

This is to certify that **LYNN B. ONTOG** graduated in the **STANDARD FIRST AID and BASIC LIFE SUPPORT-CPR with AED TRAINING** conducted on February 22-25, 2023 at **Philippine Red Cross- Pasay City Chapter Training Center** and **PASSED** the evaluating examination given on February 25, 2023. The training was conducted under the supervision of Mr. Joey G. Relevo, LPT and Mr. Alvin N. Cabral, EMT.

This certification is being issued for **reference** purposes and shall be valid up to February 24, 2025 only.

A handwritten signature in blue ink, appearing to read "Virginia B. Arrieta".

VIRGINIA B. ARRIETA
Officer-in-Charge
Pasay Chapter



Certificate of Employment

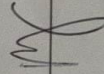
January 23, 2023

To whom it may concern:

This is to certify that Ms. Lynn Ontog has been employed with us as caregiver for my 80-year-old mother who has ovarian cancer and severe neuropathy, from January 2021 to the present.

This certification is being issued upon her request for whatever purpose it may serve.

Roxanne Estrellado-Limjoco – Employer





STO. NIÑO HOME FOR THE AGED INC.
#57 C. Teodula St., Mearle Homes Subd., Sto. Niño, Marikina City

present this


CERTIFICATE OF COMPLETION

to

Lynn B. Ontog

For rendering 120 hours of On-The-Job Training (OJT) in taking care of Elderly clients in Compliance with the requirements of Technical Education and Skills Development Authority (TESDA) and Fine International Training Center, Inc. for Certification in Caregiving NC II

Given this 13th day of February 2023 in Marikina City, Philippines


Mayvelyn Q. Montano
President

