

#### ASEANA CAREGIVERS PTE LTD

License No: 07C4867 Reg No: 201022663H Address: 81 Tagore Lane #04-13 TAG A, Singapore 787502 Tel: +65 6316 6618 Fax: +65 6518 3833 Website: www.caregivers.com.sg Email: enquiry@aseanacaregivers.com.sg Profile LIVE-IN CAREGIVER

### PERSONAL INFORMATION

Name	ABAYLE VERNAFLOR MIJARES								
Date of Birth	Octob	er 2, 19	82		Age	40			
Place of Birth	Midsa	yap, No	orth Cotal	bato					
Nationality	Filipin	0			Gende	er	Femal	le	
Marital Status	Marrie	ed			Religio	on	Christ	ian	
Height	154			cm	Weigh	nt	78		kg
<b>Residential Addr</b>	ess in H	lome C	ountry						
Sitio Lomboy Brg	y Sadaa	an Mids	ayap Nor	th Co	, tabato	, Phi	lippine	S	
Name of Port / A	irport	to be Re	epatriate	d to	Со	taba	ato Air	port	
<b>Contact Number</b>	in Hon	ne Coun	itry						
Number of Siblin	gs	2 of 6						(e.g. 3 oj	ʻ5)
Number of Child	ren	1	Age(s) c	of Chil	dren (il	fany	y)	15 years	s old



## HIGHEST EDUCATIONAL LEVEL

Qualification	Undergraduated Practical Nursing
Name of School	STI
Location	Laguna, Philippines
Start Date	2004
End Date	2005

### TRAININGS AND SEMINARS ATTENDED

Title	International Diploma in Caregiving (Level3)
Training Centre	Infotec Learning Institure
Location	Qatar
Start Date	February 2022
End Date	August 8, 2022
Title	Professional Qualification in Caregiver Level 3
Training Centre	Imperial Management Consultancy
Location	Qatar
Start Date	February 27, 2022

**End Date** May 28, 2022

Title	Basic Life Support and Standard First Aid Training
Training Centre	Local Disaster Rish Reducation Management Office of Cotabato
Location	Midsayap Cotabato, Philippines
Start Date	February 26, 2019
End Date	March 1, 2019

# LICENSURE AND CERTIFICATION

Title	National Certificatell in Health Care Services
Institution	Technical Education and Skills Development Authority
Location	Cotabato, Philippines
<b>Registration Date</b>	December 2018

## CARE RELATED WORK EXPERIENCE

Job Designation	Private Caregiver
Company Name / Employer	Retired Judge Mdm Teresita
Address	Cotabato , Philippines
Start Date	October 2022
End Date	Present
Type of Patient	88 years old/ Female/ Heart Failure, Kidney Disease, Liver Inflammation, Gastro and Gout (from Ambulatory to Wheelchair bound)
Duties	Monitoring Vital Signs, Management of Medication, Assist in Walking, Transferring from bed to wheelchair and vice versa, Conduct physiotherapy, meal Preparation, Assist in Bathing, Grooming, Dressing, Toileting, Changing diapers, Perinneal Care, Accompany to dr. visits and appointments, Oral Feeding, Changing bed linens, Provide light massages
Reason for Leaving	Applying abroad
Job Designation	Caregiver
Company Name / Employer	Salem Family
Address	Qatar
Start Date	July 2019
End Date	September 30, 2022
Type of Patient	6 years old/ boy Diabetis and new born baby boy
Duties	Moniroting Vital signs, Injection 679 medtronic insulin pump, Glucose Monitoring, Bathing, Dressing and Grooming, meal Preparation, Making dietary meal plan, Accompany to dr visitation, Assist his daily activities. For new born is bathing, feeding, bring him to sleep, changing diaper. Peform light household chores and baking

Reason for Leaving	Finished Contract				
Job Designation	Caregiver				
Company Name / Employer	Royal Family of Saud				
Address	Saudi Arabia				
Start Date	January 2016				
End Date	May 2018				
Type of Patient	6 years old/ girl/ Autism				
Duties	Assist in Walking using cane, Management of medication, Checking vital signs, Accompany to dr. visits, Assist in her dialy activities, Oral feeding, Personal hygiene, Ensure safeness at all times				
Reason for Leaving	Finished contract				
INTERNSHIP / ON THE JOB TRA	AINING				
Hospital / Care Institution	Cotabato Bahay Maria Foundation Inc				
Start Date	40 hours				
End Date	March 25, 2019				
Assigned Wards	Elderly ward				
Type of Patients Handled	Various types of patient				
Hospital / Care Institution	Midsayap Community Doctors Hospital				
Start Date	December 10, 2018				
End Date	December 26, 2018				
Assigned Wards	Community Clinic				
Type of Patients Handled	Various type of patients				
MEDICAL HISTORY/DIETARY RESTRICTIONS					
Allergies (if any) Seafo	od and pork				
Past and existing illnesses (including chronic ailments and illnesses requiring medication):					

Yes

Tuberculosis

Heart disease

Malaria

Others

Operations

vi

vii

viii

ix

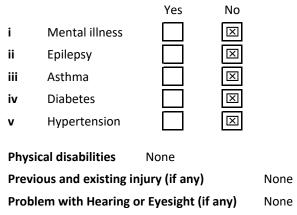
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Dietary restrictions No pork and seafoods

Food handling preferences	No pork	No beef	No preference	⊠ Others
Preference for rest day	rest	t days per month		
Any other remarks				

# SKILLS

## Method of Evaluation of Skills

Based on Caregiver/FDW's declaration, no evaluation/observation by Singapore EA or overseas training centre/EA

Interviewed by Singapore EA

Interviewed via telephone/teleconference

Interviewed via videoconference

Interviewed in person

Interviewed in person and also made observation of Caregiver/FDW in the areas of work listed in table

Areas of Work	Willingness Yes/No	Experience Yes/No If yes, state the no. of years	Assessment/Observation Please state qualitative observations of FDW and/or rate the FDW (indicate N.A. of no evaluation was done) PoorExcellentN.A. 1 2 3 4 5 N.A.
Care of infants/children Please specify age range any ages	YES	5 YEARS+	5
Care of Elderly	YES	4 MONTHS AND COUNTING	5
Care of Disabled	YES	4 MONTHS AND COUNTING	5
General Housework	YES	5 YEARS+	5
Cooking Please specify cuisines Filipino and Basic Arab food	YES		
Language Abilities (spoken) Please specify			

English , tagalog, visayan and basic Arabic		
Other Skills (if any) Please specify		

# Caregiving/Nursing Skills

SKILLS	No Experience but Attended Training/Willing to Learn	With Some Experience (1-6 months)	With Good Experience (6-12 months)	With Very Good Experience (more than 12 months)
Basic Caregiving Skills (To assist the Care Recipient	in Activities of Daily	Living/ADLs)		
Toileting (diaper change, use of commode)				x
Bathing (in the shower, bed bath)				x
Personal Hygiene, Grooming, Dressing				x
Transferring (bed to wheelchair and vice versa)				x
Assist care recipient with Mobility Device				x
Oral Feeding				X
Management of Medication				x
Meal Preparation				x
Monitoring of Input and Output	x			
Provide passive range of motion exercises				х
Taking, Monitoring and Recording Vital Signs				Х
General Nursing Skills				
NGT Feeding	х			
PEG Feeding	х			
Urinary Catheter Care	х			
Stoma Care	х			
Glucose Monitoring and Management				х
Wound Care		х		
Specialized Nursing Skills				
Tracheostomy Care	х			
Suctioning	x			
Home Ventilation and Respiratory Support Care	x			
Dementia Care	x			
Palliative Care	х			

MEDICAL EQUIPMENT USED	No Experience but Attended Training/Willing to Learn	With Some Experience (1-6 months)	With Good Experience (6-12 months)	With Very Good Experience (more than 12 months)
Catheter	х			
Colostomy Bag	х			
CPAP Machine	х			
Medical Ventilator	х			
Nebulizer				х
Peritoneal Dialysis Machine	х			
Pulse Oximeter				х
Oxygen Concentrator	х			
Suction Machine	х			

# **Types of Patients Handled**

Elderl	<b>y</b>						
	Alzheimer's Disease/Dementia		Hypertension				
	Arthritis		Motor Neuron Disease				
	Cancer and/or Palliative Care		Parkinson's Disease				
$\mathbf{X}$	Chronic Kidney Disease (CKD)		Shingles				
$\mathbf{X}$	Chronic Obstructive Pulmonary Disease (COPD)		Spinal Chord Injury				
$\mathbf{X}$	Diabetes		Stroke				
$\boxtimes$	Heart Disease		Others (please specify)				
Infant/Young Children							
$\mathbf{X}$	Autism		Down Syndrome				
	Cancer		Epilepsy				
	Cerebral Palsy		Others (please specify)				
	Chronic Kidney Disease (CKD)		newborn, diabetes				

## AVAILABILITY OF FDW TO BE INTERVIEWED BY PROSPECTIVE EMPLOYER

FDW is not available for interview
FDW can be interviewed by phone
FDW can be interviewed by video-conference
FDW can be interviewed in person

## **OTHER REMARKS**

ABAYLE VERNAFLOR MIJARES Caregiver/FDW Name and Signature Date

EA Personnel Name and Registration Number Date

I have gone through this profile of the Caregiver and confirm that I would like to employ her

Employer Name and Signature Date

	TALIONAL	CERTI	IFICATE II		
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	is awarded to				
	VERNAFLO	RM.A	BAYLE		
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ate	struct				
Signature of t	the certificate holder la: 18124702020902		Issued on : December 13, 2 Valid until: December 12, 2		

<b>othm</b> ® Gualifications	
INTERNATIONAL DIPLOMA IN CAREGIVING (LEVEL 3)	
This is to certify that	
VERNAFLOR PARDILLO MIJARES	
has successfully completed an approved programme at	
INFOTEC LEARNING INSTITUTE	
Awarded on 08 August 2022	
European Chainteatona Francescok (ECIP) Level A LFRV: 200004003 (021002) LDC2108504 (ELP: IC2410000 That and Elima and Elima additional CELP: IC24100504	
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Patie Land Patie Conce OTIMA Classifications	
-01-OM7	





# GOTABATO BAHAY MARIA FOUNDATION, ING.

Home for the Abandoned and Sick Aged Ancleto Badoy Sr. Street Poblacion 2, Cotabato City Philippines, Tel No. (064) 421-8152

# CERTIFICATION

This is to certify that VERNAFLOR MIJARES ABAYLE has completed 40 hours of duty On-the-job training on CLINICAL CAREGIVER in our institution.

The training consists of providing personal care to the elderly and the sick such as bathing, feeding and in their personal hygiene and needs.

Given this 25th day of March 2019 at Cotabato City, Philippines.

Fr. Benjamin Ariel P. Torreto, DCC Chief Executive Officer

Real Property and Pro-



# CERTIFICATE Of Employment

The certificate is proudly presented to Vernaflor M. Abayle

To whom it may concern,

This certificate the name above was holder of qatari id number 28260830311 and Passport number P1120966B of philippines nationality. Shes working as my private caregiver of my 6 years old son who have type 1 diabetes fam living at al rayyan Doha Qatar. She started a job from us since 25th of July 2019 up to now 23rd of August 2022. nportant duties was checking and monitor of my son sugar, giving the amount of insulin, giving food and mainta the health of my son! This certificate is certify that the name above is highly recommended to your company a responsible and dedicated to her job. Given this 23rd of August 2022 and

issue this certificate for whatever legal purposes may it serve.

Employer signature 28/9/2022

